

Ripon Runners 2022 Club Championships

OFFICIAL LIST OF QUALIFYING RACES

4 races needed to qualify, including one HDSRL Evening League race. Best 5 points scores count.

Round	Date	Race Name	Distance / km
1	Sun-16-Jan	Brass Monkey half marathon	21.1
2	Sun-6-Feb	Muddy Boots 10k	10.0
3	Sat-12-Mar	Lightwater 10k	10.0
4	Sun-13-Mar	Thirsk 10 miles	16.1
5	Sun-27-Mar	Blubberhouses 25 miles	40.2
6	Sat-2-Apr	Fountains Abbey parkrun 5k	5.0
7	Sun-24-Apr	Swainby Sweep 7 miles	11.2
8	Sun-24-Apr	Swainby Sweep 14 miles	22.4
9	Tue-17-May	HDSRL Evening League - Nidd Valley	approx 9km
10	Sun-29-May	Northallerton 10k	10.0
11	Tue-31-May	HDSRL Evening League - Thirsk & Sowerby	approx 9km
12	Wed-8-Jun	Otley 10 miles	16.1
13	Thu-9-Jun	HDSRL Evening League - Ilkley Harriers	approx 9km
14	Sat-11-Jun	Swaledale marathon 23 miles	37.0
15	Sun-12-Jun	Burton Leonard 10k	10.0
16	Tue-14-Jun	Vale of York 10 miles	16.1
17	Thu-23-Jun	HDSRL Evening League - Skipton AC	approx 9km
18	Sun-26-Jun	Staveley Stampede 10k	10.0
19	Sun-3-Jul	Harrogate 10k	10.0
20	Sun-17-Jul	Darlington trail 10k	10.0
21	Sun-31-Jul	James Herriot Trail race 14k	14.0
22	Sat-13-Aug	Littondale 4 miles	6.4
23	Wed-17-Aug	Sessay Swift 6k	6.0
24	Sun-21-Aug	Escrick 10k	10.0
25	Sun-4-Sep	Wetherby 10k	10.0
26	Sun-4-Sep	Tholthorpe 10k	10.0
27	Sun-11-Sep	Great North Run half marathon	21.1
28	Sun-11-Sep	Vale of York half marathon	21.1
29	Sun-18-Sep	Beckbusters (Bishop Monkton) 10k	10.0
30	Sun-2-Oct	Grewelthorpe 14k	14.0
31	Sun-9-Oct	Melmerby 10k	10.0
32	Sun-16-Oct	Whixley 10k	10.0
33	Sat-22-Oct	Langdale half marathon	21.1
34	Sun-23-Oct	Leeds Abbey Dash	10.0
35	Sun-6-Nov	Guy Fawkes (Ripley) 10 miles	16.1
36	Sun-13-Nov	Dalby Dash 10k	10.0
37	Sun-13-Nov	Wensleydale Wedge 23 miles	37.0
38	Mon-21-Nov	Tadcaster 10 miles	16.1
39	Any Saturday	WILDCARD 1 - A 5k parkrun of your choice (any location)	5.0
40	Variable	WILDCARD 2 - any official race/parkrun of your choice	Any