Ripon Runners Club Championship 2019

		Age at 1 January 2019								
		Age Grading								
		Age Category								

OFFICIAL LIST OF QUALIFYING RACES

(Minimum of six to qualify)			Grading	Winner		Member		Adjust		Point
January	13	Brass Monkey Half Marathon	#REF!					#REF!	#VALUE!	
February	10	Muddy Boots 10k	#REF!					#REF!	#VALUE!	
	17	Harewood House Half Marathon	#REF!					#REF!	#VALUE!	
March	9	Dentdale Run 14.2 miles	#REF!					#REF!	#VALUE!	
	17	Lightwater Valley 10k	#REF!					#REF!	#VALUE!	
	17	Thirsk 10 miles	#REF!					#REF!	#VALUE!	
	24	Wakefield 10k	#REF!					#REF!	#VALUE!	
April	7	Blubberhouses LDWA 25 miles	#REF!					#REF!	#VALUE!	
	14	Vale of York 10 miles	#REF!					#REF!	#VALUE!	
	21	Helmsley 10k	#REF!					#REF!	#VALUE!	
May	5	Kirkbymoorside 10k	#REF!					#REF!	#VALUE!	
	14	Jack Bloor Fell Race 6 miles	#REF!					#REF!	#VALUE!	
	19	Fountains 10k	#REF!					#REF!	#VALUE!	
	21	HDSRL Harrogate	#REF!					#REF!	#VALUE!	
	26	Melmerby 10k	#REF!					#REF!	#VALUE!	
June	1	Wharfedale Trail Half Marathon	#REF!					#REF!	#VALUE!	
	4	HDSRL Ripon	#REF!					#REF!	#VALUE!	
	9	Swaledale Marathon 24 miles	#REF!					#REF!	#VALUE!	
	12	Otley 10 miles	#REF!					#REF!	#VALUE!	
	20	HDSRL Dragons	#REF!					#REF!	#VALUE!	
	23	Staveley Stampede 10k	#REF!					#REF!	#VALUE!	
	30	Run Harrogate 10k	#REF!					#REF!	#VALUE!	
July	2	HDSRL Knaresborough	#REF!					#REF!	#VALUE!	
	14	Burton Leonard 10k	#REF!					#REF!	#VALUE!	
	28	James Herriot Trail Race 14k	#REF!					#REF!	#VALUE!	
August	11	Darlington 10k	#REF!					#REF!	#VALUE!	
	21	Sessay Swift	#REF!					#REF!	#VALUE!	
September	1	Wetherby 10k	#REF!					#REF!	#VALUE!	
	1	Tholthorpe 10k	#REF!					#REF!	#VALUE!	
	15	Vale of York Half Marathon	#REF!					#REF!	#VALUE!	
	22	Knaresborough Crag Rat Run 5 miles	#REF!					#REF!	#VALUE!	
	22	Beck Busters 10k - Bishop Monkton	#REF!					#REF!	#VALUE!	
October	6	Grewelthorpe Multi Terrain 13k	#REF!					#REF!	#VALUE!	
	13	Richmond Castle 10k	#REF!					#REF!	#VALUE!	
	27	Whixley 10k	#REF!					#REF!	#VALUE!	
	27	Leeds Abbey Dash 10k	#REF!					#REF!	#VALUE!	
November	3	Guy Fawkes 10 miles	#REF!					#REF!	#VALUE!	
	17	Wensleydale Wedge 23.5 miles	#REF!					#REF!	#VALUE!	
Wildcard		Any **1** other official race or Parkrun	#REF!					#REF!	#VALUE!	
		Total of 6 highlighted								**0**