

Burn Valley Half Marathon

7th July 2019

Start: 10:00 am

Race number: Pick this up from Race Headquarters (Masham Town Hall) on the day – please make sure that you arrive in plenty of time.

Please note: We are using chip timing and re-usable shoe mounted timing tags. Please follow the fitting instructions carefully. If no tag is fitted, your time will not be recorded.

Start and finish: The race will start and finish next to the junior school in Masham Town square. This is to your left as you exit the Town Hall after registration.

The course: The course is run entirely on minor roads. Starting in Masham market square and taking you through the grounds of Swinton Castle, one of our main sponsors, the course then follows the picturesque Burn Valley. See map (can be viewed online or downloaded at www.riponrunners.org.uk/burn-valley-half).

Drinks stations: There will be 6 drinks stations on the race route and water at the finish.

Directions: Head for Masham, using HG4 4DS.

Car parking: Please park on the Shooting Holme (big open field), next to the bridge and river (HG4 4DS, GR SE 226 811). There is an honesty box near the tarmac access road.

Note: Please do not park in the Town Square. The designated parking is only a few minutes away from race HQ.

Changing and toilets: Male and female WC available at Masham Town Hall and Masham Square public WCs.

- Masham Town Hall – Registration, ladies changing in Committee Room and mixed toilets (3 x F, 1 x M + 4 urinals, 1 disabled)
- Masham Primary School – mens changing, not toilet access.

Refreshments: Various cafes and pubs in the town square.

First Aid: There will be qualified first aid assistance on the route and at the Race Start/Finish area.

Results: Race results will be available on Ripon Runners website.

Runner safety: We take our duty of care responsibilities very seriously to ensure you, and all support personnel involved in the race, have a safe and enjoyable day. That's our bit!

As an entrant you have a responsibility to ensure you are properly prepared, adequately trained and fit. If you are unsure how to do this there is excellent advice and help on this website: www.runnersmedicalresource.com.

Race rules: The use of iPods and MP3 players is not permitted. Please keep to the left-hand side of the road, unless instructed otherwise by race marshals. Failure to comply will result in disqualification.

Cancellation: In the event of a situation occurring that is beyond our control we reserve the right to cancel the race. If the race is cancelled, entrants will be informed as soon as possible via email and our website. In that situation we'll also include information about our alternative race date. Unfortunately, refunds will not be possible as many of the race expenses will have been incurred.