

Perfect running conditions greeted the participants of the Darlington 10k Road Race on Sunday. A high quality field of runners were amongst the 1049 participants completing the two lap course around Darlington town centre. Chip timing allowed the runners to achieve accurate times and the course and the conditions were set for possible personal best times. First home for Ripon Runners was Mike Appleton who achieved a personal best time, smashing through the 35 minute barrier for the first time and taking 42 seconds off his previous time to finish in 34.39 and 15th place overall. Next in was Ben Imeson in a highly creditable 31st place in 36.41, Richard Schofield 74th 39.38, Joe Lofthouse 96th 40.22, Keith Hawkins 42.22 Dave Cooper 44.41, first Ripon lady was Anneke Imeson 51.45, Julie Merrin 52.49 (pb), Mandi Ross 52.51 (pb), Vicky Clayton 56.53, Lena Conlin 57.34.

Ripon Runners take to the podium (before the winners turn up!!!)

