

The tough challenge of the Swaledale Marathon took place on Sunday 13<sup>th</sup> June and several members of Ripon Runners took to the hills to compete in this 23 mile race. The weather conditions were a little warmer than most would have liked, although they provided those who intended on taking this run/walk event at a steadier pace with a chance to take in the breath taking views once they had reached the summit of the hills. There were almost 500 competitors in this event and first Ripon Runner home Mike Appleton finished in 22<sup>nd</sup> position overall with Lisa Quinn Ripon's first woman finishing as 5<sup>th</sup> female. Mike completed in a time of 3.58 and was closely followed by Ray Raper in 4.00 then Gary Bastow 4.02, Peter Wright 4.10, Lisa Quinn 4.15, Jo Hope 5.19, Karen Jones 5.19, Fiona Prestwich 5.20, Helen Metcalf 5.38, John Bull 6.00, Sarah Haslam 6.19, Anna Ashfield 6.19, Fred Clapham 6.56, Mike Pennock 6.56.

Ray Johnstone had joined two other teams of Ripon Runners on the same day to take part in the shorter distance, but no less challenging Bed Race in Knaresbrough. Ray raced as part of the Piccadilly Men's team who finished in 5<sup>th</sup> position.

Thursday 18<sup>th</sup> June was the next race in the Harrogate District Summer Road Race League, held at Richmond. The 5.4 mile race took place on both track and tarmac and proved to have several challenging hills. Pete Chapman was first Ripon Runner to finish in a time of 34.27 he was followed by James Raper 34.49, Mike Appleton 35.34, Bill Forman 35.57, Ben Imeson 37.19, Andrew Turner 38.13, Ray Raper 39.49, Richard Timms 40.48, Michael Hall 41.13, John Ward 41.46, Ray Johnstone 42.01, Simon Merrin 43.13, Suzanne Rickard 45.01, Gary Wilks 45.05, Matthew Holt 45.10, Mike Pennock 45.50, Robin Kehoe 46.41, John Grundy 47.06, Michelle Needham 49.25, Mel Dutka 49.52, Lester Pickard 50.03, Helen Pickard 51.47, Caroline Bentham 53.44, Helena Conlin 53.59, Victoria Clayton 57.32, Doug Tooth 64.44, Eleanor Hartas 68.22.