

The pretty village of Tholthorpe held its 15th annual 10k race on Sunday. Conditions for the gently undulating rural course were warm and breezy. Darran Bilton was the clear winner but it proved another successful outing for Ripon Runners with Richard Watson finishing 4<sup>th</sup> overall in 34.49, taking the prize for first male over 40 and third in the North Yorkshire Championship 10k, next in was 5<sup>th</sup> placed Mike Appleton in 35.08, who together with 26<sup>th</sup> placed Steve Oates in 39.35 took home the male team prize. Ripon ladies had a hotly contested battle to be first Ripon Lady home and Emma Oates set a personal best time for the distance to finish in 46.34 with Jo Wallace completing her best time in several years to finish first in her age group in 47.35. The Ripon runners completing the course and their times were Richard Watson 34.49, Mike Appleton 35.08, Steve Oates 39.35, Joe Lofthouse 40.52, Allan Hansen 43.22, Keith Hawkins 43.35, Dave Cooper 44.48, Emma Oates 46.34, Matt Newsome 47.27, Jo Wallace 47.35, Paul O'Rourke 47.38, Suzanne Rickard 52.16, Anneke Imeson 52.19, Robin Kehoe 52.32,

On Sunday 29<sup>th</sup> August husband and wife team Mathew and Jill Holt took on the challenge of their first marathon in horrendous conditions for the Fleetwood Marathon in Lancashire. They successfully completed the 26.2 mile course in 5.01.53 running in together having faced strong winds and sandblasting! It was all in a good cause as they were running to raise funds for brain tumour research and further donations will be welcomed to their fund via [www.justgiving.com/jillholt](http://www.justgiving.com/jillholt)

