

Sunday 22nd November saw a good turnout of Ripon Runners to take on the Long Distance Walkers Association organised Wensleydale wedge. While some chose to run it others completed the 23 mile course walking and enjoying the superb scenery. Ripon's Pete Chapman put in an impressive performance and completed the course in 3.17 being the first competitor to return to the start/finish at Askrigg he was followed by Martin Gabriel..3.49, Paul Morgan 3.51, Gary Bastow 3.53, Iain Wallace 4.02, Allan Hansen 4.08, Fred Clapham 4.08, Mike Wray 4.32, Andrew Turner 4.32, Tony Hughes 5.00, Matt Newsome 5.00, Stuart Wallace 5.01, Chris Bennett 5.03, Jo Hope 5.06, Karen Jones 5.35, Chris l'Anson 6.01, Mike Pennock 6.02, Kate Shaw 6.02, Lisa Sorby 6.02, John Grundy 6.02, Mel Dutka 6.53, Jackie Turner 6.53, Karen Cooper 8.17, Helen Pickard 8.17, Toya Bastow 8.17, Jill Holt 8.18, Lester Pickard 8.18, Matthew Holt 8.18.

There was also a large number of Ripon Runners at last Sunday's Thirsk 10 mile race. This flat fast road course which included chip timing for the first time attracted over 1000 runners from around the region and many of the Ripon participants achieved personal best times for the distance despite cold and heavy rain!. Mike Appleton was first home for Ripon taking seven minutes off his previous best 10 mile time, he finished in 1.01.24, followed by Ben Imeson also with a pb in 1.02.17, Andrew Turner 1.06.16, John Ward 1.06.59, Paul Morgan 1.07.46 (pb), Iain Wallace 1.08.46, Martin Gabriel 1.10.03, Keith Hawkins 1.10.16, Ray Johnstone 1.11.57, Dave Cooper 1.12.15, Allan Hansen 1.13.20, Michael Hall 1.13.28, Mick Tinsley 1.14.45, Kevin Jackson 1.15.12, Simon Merrin 1.16.43, Matthew Holt 1.19.02, Suzanne Rickard 1.19.04, Jo Wallace 1.21.00, Michelle Needham 1.22.19, Alan Wray 1.24.03, Anneke Imeson 1.24.57(pb), Lester Pickard 1.25.37, Mel Dutka 1.26.12, Simon McCudden 1.26.26, Helen Pickard 1.28.18, Sharon Stoker 1.28.26, Leah Horner 1.29.04(pb), Lena Conlin 1.30.37(pb), Lisa Sorby 1.30.42, Lesley Willoughby 1.32.21, Julie Ann Merrin 1.33.07, Pam Dean 1.33.23, Caroline Bentham 1.34.27, Mandi Ross 1.37.33, Vicky Clayton 1.37.44, Eleanor Hartas 2.20.55.