

The Nidd Valley club organised the latest event in the HDSRL on Thursday evening .Starting and finishing at Granby High School the entirely off road 5 mile route took the runners over heath land down into Nidd Gorge and back again in sultry, humid conditions. Ripon Runner Mike Appleton was first home for the club in 3<sup>rd</sup> position in a time of 28.01,he was followed by Richard Schofield in 26<sup>th</sup> place in 31.38, Dave Jelley in 43<sup>rd</sup> 32.35, Andrew Turner 33.23, Gary Wilks 34.26, Ray Johnstone 36.04, Scott Wray 37.27, Rebecca Turner 37.39, Matthew Holt 38.25, John Rowley 38.48, Suzanne Rickard 41.02, John Grundy 43.23, Mandi Ross 44.05, Jill Holt 44.57, Helen Pickard 45.15, Hilary Gillam 45.21, Michelle Needham 45.41, Julie Merrin 45.44, Lester Pickard 46.46, Vicky Clayton 48.02, Lena Conlin 48.02,Jackie Turner 49.25, Doug Tooth 56.01.

The Swaledale Marathon took place on a sunny Saturday 12<sup>th</sup> June. The 23.2 mile route has 1258m of ascent over some of Swaledale's finest scenery. The fell race/ challenge walk event has been running since 1979 and starts and finishes in Reeth and those completing the challenge are rewarded with a hearty pie and pies meal. Pete Chapman was the first of Ripon's finishers in 9<sup>th</sup> position in 3.36 with Dave Jelley a minute behind in 3.37 and 10<sup>th</sup> position, a superb performance by Fred Clapham saw him finish in 21<sup>st</sup> in 3.45, he was followed by Nick Wilson 3.53, Martin Gabriel 4.19, Ray Raper 4.20, Bill Forman 4.20, Paul Morgan 4.20, Iain Wallace 4.27, Chris Bennett 5.06, Martin Hope 5.16, Jo Hope 5.16, Fiona Prestwich 5.18, Anna Ashfield 5.28, Chris l'Anson 5.35, Robin Kehoe 5.58, John Grundy 6.41, Matthew Holt 6.41, Jill Holt 6.41, Helen Pickard 7.54, Toya Bastow 7.54, Karen Cooper 7.56, Lester Pickard 7.56.

Sean McKeag took to the Lakes over the last few weekends, running in the first two races of the Lakeland Classics series. Both races are 'A' Long races as categorised by the FRA. Saturday 5 June was Duddon Valley, 18 miles and 7000 feet he staggered home in 4:30:24. Saturday 12<sup>th</sup> June was the Ennerdale Horseshoe; 23 miles and 7500 feet he crossed the line in the middle of the pack in 5:20:38. There was superb weather for both of them, so there were no navigational errors and magnificent views when he remembered to look.