

Hi to all Ripon Runners

I am hoping to put a new page on the website dedicated to a Ripon Runners all time record/PB list. I will probably categorise in ages 20-29, 30-39.....80-89 years.

I will list the clubs best times (probably top 5) for 5k 10k 10mile half and full Marathons. Any Ultra marathon achievements such as marathon de sable, Triathlons, multi terrain events that you think are worthy of mention.

Please can you give me your pbs if you think you may get on the list. I will need year of pb, the race you achieved it in and what age you were. Don't forget you can send me your pbs for each age category you have competed in. Some of you might get your name on five 10k lists!!!

If some of your past pbs were done as a non ripon runner still send them in and I will probably create a sub category.

You can email me at p.morgan777@btinternet.com, telephone 01765692848 or post to north Sutton Farmhouse, Sutton Grange, Ripon HG4 3jz.

If any members have kept copies of past Ripon Runners achievements could you let me have copies?

Don't be shy as I may call you if I think you should be on the lists!!!

Looking forward to the data

Lisa Quinn